Human Services is one of the fastest growing career areas in the United States today. Housatonic Community College offers a Human Services associate degree, as well as four certificate programs. The Human Services field is ideal for anyone interested in a rewarding and productive career helping others as a Counselor, Social Worker, Mental Health Worker, Case Manager, Addictions Counselor, Disability Specialist, and more. Human Service professionals work in a variety of settings in the community. These include hospitals, community agencies, counseling centers, rehabilitation centers and other organizations specializing in psychological and social services.

Degree Offerings:
- Human Services (EB35)

Certificate Offerings:
- Behavioral Healthcare Specialist Track I (EJ67)
- Behavioral Healthcare Specialist Track II (EJ68)
- Children & Youth Mental Health (EJ71)
- Disabilities Specialist (EJ72)

Learn more about each of these offerings on the back.

**Career Readiness Skills**

**Critical Thinking/Problem-Solving**
Form creative decisions by interpreting information, opinions and data.

**Oral/Written Communication**
Explain thoughts and ideas effectively to people inside and outside the organization.

**Teamwork**
Work efficiently with diverse groups; the ability to negotiate and manage conflict maturely.

**Digital Technology**
Demonstrate adaptability to new emerging technology to achieve goals.

**Leadership**
Leverage the strength of others to achieve common goals, as well as prioritizing and delegating work.

**Professionalism**
Recognizing the significance of time, tasks, appearance and accountability.

**Career Management**
Understand how to self-advocate for opportunities, while identifying areas necessary for professional growth.

**Global Perspective**
Openness, inclusiveness, and sensitivity to people of diverse backgrounds and lifestyles.
DEGREE OFFERING

Associate in Science Degree
This program is designed to prepare qualified students for a wide variety of community counseling-related employment positions in the urban-suburban region of Greater Bridgeport and surrounding metropolitan areas. Career positions in such fields as counseling, mental health, social services, substance abuse, community outreach, and gerontology. Instruction is cross-disciplinary and is designed for maximum transferability for those wishing to continue their studies.

Freshman Year
ENG* E101 - Composition (3 credits)
POL* E111 - Introduction to American Government (3 credits)
PSY* E111 - General Psychology I (3 credits)
HSE* E101 - Introduction to Human Services (3 credits)
ENG* E102 - Literature & Composition (3 credits)
PSY* E245 - Abnormal Psychology (3 credits)
SOC* E101 - Principles of Sociology (3 credits)
HSE* E210 - Group and Interpersonal Relations (3 credits)
HSE* E243 - Human Services Skills and Methods (3 credits)
Elective (AEX) - Aesthetic Dimensions (3 credits) 1

Sophomore Year
COM* E173 - Public Speaking (3 credits)
Elective (SCKX) - Scientific Knowledge & Understanding (3-4 credits) 2
Elective (MATH) - Mathematics (3-4 credits) 2
HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
HSE* E235 - Professional & Ethical Issues in Human Services (3 credits)
HSE* E209 - Applied Counseling Skills (3 credits)
HSE* E291 - Human Services Internship I (3 credits) 3
HSE* E292 - Human Services Internship II (3 credits) 3
Elective (HSE*) - Human Services (3 credits)
Elective (OPEN) - Any course 100 or higher (3-4 credits) 2
Total Credits: 60 - 62

Second Semester
PSY* E140 - Psychology of Addiction (3 credits)
PSY* E245 - Abnormal Psychology (3 credits)
HSE* E147 - Change Theory and Strategies in Behavioral Health Care (3 credits)
HSE* E286 - Practicum in Behavioral Health Care (3 credits)
Total Credits: 27

Behavioral Healthcare Specialist Track II
This program will prepare individuals with prior higher education and professional experience for career advancement and certification in public and private agencies serving mentally ill and substance abusing patients. Instruction is also provided to allow for the continuation of studies at two- and four-year programs in areas of substance abuse and mental health.

First Semester
PSY* E140 - Psychology of Addiction (3 credits)
HSE* E141 - Addiction and Mental Illness in Beh. Health Care (3 credits)
Second Semester
HSE* E147 - Change Theory and Strategies in Beh. Health Care (3 credits)
HSE* E286 - Practicum in Behavioral Health Care (3 credits)
Total Credits: 12

Children & Youth Mental Health
This program prepares individuals to work with children, youth and parent populations in a variety of mental health agencies and community-based programs.

First Semester
ENG* E101 - Composition (3 credits)
PSY* E111 - General Psychology I (3 credits)
HSE* E134 - Introduction to Mental Health (3 credits)
HSE* E121 - Strategies for Developing Capable Children & Youth (3 credits)
Second Semester
PSY* E202 - Child Psychology & Development (3 credits)
PSY* E205 - Adolescent Development (3 credits)
HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
HSE* E222 - Emotional Disorders in Children and Youth (3 credits)
HSE* E285 - Practicum in Children and Youth Mental Health (3 credits)
Total Credits: 27

Disabilities Specialist
This program prepares individuals for work with citizens with disabilities in a variety of community treatment and supportive environments.

First Semester
ENG* E101 - Composition (3 credits)
PSY* E111 - General Psychology I (3 credits)
HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
HSE* E161 - Disabilities Across the Lifespan (3 credits)
Second Semester
HSE* E210 - Group and Interpersonal Relations (3 credits)
HSE* E261 - Comm. Support Skills for Persons with Disabilities (3 credits)
HSE* E262 - Positive Beh. Supports for Persons with Disabilities (3 credits)
HSE* E266 - Professional and Ethical Issues in Disability Services (3 credits)
HSE* E280 - Practicum in Disability Services (3 credits)
Total Credits: 27

CERTIFICATE OFFERINGS

Behavioral Healthcare Specialist Track I
This program will prepare individuals for employment in entry-level professional positions in public and private agencies serving mentally ill and substance abusing patients. Instruction is also provided to allow for the continuation of studies at two- and four-year programs in the areas of substance abuse and mental health.

First Semester
ENG* E101 - Composition (3 credits)
PSY* E111 - General Psychology I (3 credits)
HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
HSE* E210 - Group and Interpersonal Relations (3 credits)
HSE* E141 - Addiction and Mental Illness in Behavioral Health Care (3 credits)

Total Credits: 27

Behavioral Healthcare Specialist Track II
This program will prepare individuals with prior higher education and professional experience for career advancement and certification in public and private agencies serving mentally ill and substance abusing patients. Instruction is also provided to allow for the continuation of studies at two- and four-year programs in areas of substance abuse and mental health.

First Semester
PSY* E140 - Psychology of Addiction (3 credits)
HSE* E141 - Addiction and Mental Illness in Beh. Health Care (3 credits)
Second Semester
HSE* E147 - Change Theory and Strategies in Beh. Health Care (3 credits)
HSE* E286 - Practicum in Behavioral Health Care (3 credits)
Total Credits: 12

Children & Youth Mental Health
This program prepares individuals to work with children, youth and parent populations in a variety of mental health agencies and community-based programs.

First Semester
ENG* E101 - Composition (3 credits)
PSY* E111 - General Psychology I (3 credits)
HSE* E134 - Introduction to Mental Health (3 credits)
HSE* E121 - Strategies for Developing Capable Children & Youth (3 credits)
Second Semester
PSY* E202 - Child Psychology & Development (3 credits)
PSY* E205 - Adolescent Development (3 credits)
HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
HSE* E222 - Emotional Disorders in Children and Youth (3 credits)
HSE* E285 - Practicum in Children and Youth Mental Health (3 credits)
Total Credits: 27

Disabilities Specialist
This program prepares individuals for work with citizens with disabilities in a variety of community treatment and supportive environments.

First Semester
ENG* E101 - Composition (3 credits)
PSY* E111 - General Psychology I (3 credits)
HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
HSE* E161 - Disabilities Across the Lifespan (3 credits)
Second Semester
HSE* E210 - Group and Interpersonal Relations (3 credits)
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HSE* E262 - Positive Beh. Supports for Persons with Disabilities (3 credits)
HSE* E266 - Professional and Ethical Issues in Disability Services (3 credits)
HSE* E280 - Practicum in Disability Services (3 credits)
Total Credits: 27