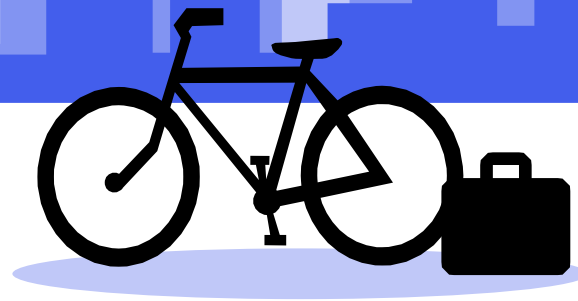


Virtual Programs & Activities



Stuck inside with nothing to do? We've got you covered with a list of activities that you can do in the comfort of your own home.

FITNESS

- Tune into Instagram Live daily to work out with The EDGE Fitness.
- Take virtual work out classes on YouTube with POPSUGAR Fitness.
- Join Planet Fitness on Facebook for virtual classes.
- Learn Yoga and practice Meditation on YouTube

AT HOME FIELD TRIPS

Experience a virtual tour of museums and National Parks.

- [Metropolitan Museum of Art](#)
- [Van Gogh Museum](#)
- [The Louvre](#)
- [British Museum](#)
- [National Gallery of Art](#)
- Go on a virtual tour of [Ellis Island](#)
- Take a walk on the [Great Wall of China](#)
- Discover [Yellowstone National Pa+rk](#)

FUN THINGS TO DO

- Complete a puzzle
- Start a journal or blog
- Finally start that YouTube channel
- Start a new series on Netflix
- Learn to bake
- Spring clean the house

STAY CONNECTED

- Video chat with friends via Skype, Facetime, Google Hangouts or Marco polo
- Write letters to loved ones
- Netflix & Chill with friends virtually
- Create a collaborative playlist on Spotify with friends

DAILY ROUTINE

- Wake up early
- Take a shower
- Get dressed
- Make breakfast
- Sign in to class on Blackboard
- Read & study

KID ACTIVITIES

- Sign up for ABC Mouse for free using code SCHOOL7771
- Have an indoor scavenger hunt
- Color
- Virtual Animal [Webcam](#)
- Read